

Mask Size	SM/MD	MD/LG	LG/XL	XL/2XL
Body Size	SM	MD	LG	XL
Nose Bridge to center of inner ear (inches)	4 ½ - 5 3/4	5 5/8 – 6 1/4	6 1/8 - 7	6 7/8+

- Straight-touching cheek point, bending flat on face to inner ear
- If possible, have someone else take measurement to ensure accuracy
- If between sizes, size up

