

MEN'S								
CHEST								
XS	S	M	L	XL	XXL	3XL	4XL	5XL
34-35	36-37	38-40	42-44	46-48	50-52	54-56	58-60	62-64
Measure around the fullest part, across chest points.								
WAIST								
XS	S	M	L	XL	XXL	3XL	4XL	5XL
28-29	30-31	32-34	36-38	40-42	44-46	48-50	52-54	56-58
Measure around the natural waist (where your body bends side to side)								
SEAT (HIP)								
XS	S	M	L	XL	XXL	3XL	4XL	5XL
33-34	35-36	37-39	41-43	45-47	49-51	53-55	57-59	61-63
Measure around the fullest part of your hips								
SLEEVE								
XS	S	M	L	XL	XXL	3XL	4XL	5XL
33	34	35	36	37	38	39	39	39
With elbow bent, measure from the center (back) of neck to elbow and down to wrist								
PANT SIZE								
30	32	34	36	38	40	42	44	