



## ☰ SIZE CHART

### CLOTHING

#### MENS

Size	S	M	L	XL	2XL	3XL
Chest	36"	38 - 40"	42 - 44"	46 - 48"	50 - 52"	58 - 60"
Waist	28-30"	32 - 34"	36 - 38"	40 - 42"	44 - 46"	48-50
Inseam	31.5"	32"	32.5"	33"	33.5"	34"
Sleeve	32-33"	33-34"	34-35"	35-36"	36-37"	37.5"

#### WOMENS

Size	S	M	L	XL	2XL
Chest	35-36"	37-38"	40-41.5"	43.5-45.5	46.5"-48.
Waist	26-28"	29-31"	32-34"	35-37"	38-40"
Inseam	31"	31"	32"	32"	32"
Sleeve	33"	34"	35"	35"	36"

#### YOUTH

Size	S	M	L	XL
Chest	27-28"	29-30"	31-32"	33-34"
Waist	23-25"	25.5-27"	27.5-29"	29.5-31"
Inseam	22.5"	24.5"	26.5"	28.5"
Height	49-54"	55-58"	59-62"	63-66"

### HOW TO MEASURE

#### CHEST

Measure around the biggest part of your chest while keeping the measuring tape horizontal.

#### WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side) while keeping the measuring tape horizontal.

#### INSEAM

Measure your inner leg from the top of your thigh down to your ankle (where the cuff of your pants hangs).

#### SLEEVE

With your arm at a 90 degree angle and resting on your hip, measure from the center back neck bone, down to your wrist (follow your arm bend with measuring tape).

### SAFETY HARNESSSES

#### MENS

Size	S/M	L/XL	2XL/3XL
Waist	26-34"	34-42"	42-50"
Torso	14-18"	17-22"	19"+
Height	4'10"-5'6"	5'5"-6'1"	5'9"-6'5"

#### WOMENS

Size	S/M	L/XL
Waist	26-31"	32-37"
Torso	14-18"	17-22"
Height	4'10"-5'6"	5'3"-5'9"

#### YOUTH

Size	ONE SIZE FITS MOST
Waist	23-31"
Height	49-66"

### HOW TO MEASURE

#### WAIST

Measure at the naturally smallest place of your torso, keeping the measuring tape horizontal.

#### TORSO

Measure from the large bone at the center base of your neck down your spine to the location that is level with the very top of your hip bone (the first bone you feel as you run your hand down your side after your ribcage).

Measurements overlap between size ranges as both waist circumference and height measurements are important on this product. Select the size that best fits your measurements.

If you plan to wear this product OVER a bulky outer jacket, measure your waist with the jacket on.

#### IMPORTANT SAFETY INFORMATION:

You will want your harness to be comfortable while climbing and sitting but never loose. Make sure it fits to the body without being constrictive. Be sure to follow all instructions in the instruction manual for putting on and fitting the harness before use.

To reduce your risk of injury or death from falls, you must read, watch, understand and follow all safety warnings and instructional materials included with our safety harness products.